

ABUNDANT KINGDOM LIVING: THE MEEK

For the week of January 12, 2020

Full message available at highpoint.church/currentseries

GOAL:

To understand and practice the discipline of meekness for abundant Kingdom living.

GET GOING:

- Review the 5 clarifications on Meekness from this past weekend. Which comes to you most naturally? Which is the most challenging? How come?
 1. Meekness is NOT weakness, it's sacred strength
 2. Meekness is NOT softness, it's redemptive restraint
 3. Meekness is NOT quietness, it's disciplined dialogue
 4. Meekness is NOT cowardliness, it's courageous confidence
 5. Meekness is NOT self-centeredness, it's God centered selflessness
- Meekness is sacred strength, redemptive restraint, disciplined dialogue, courageous confidence and God centered selflessness. In what ways have you seen our culture support flippant strength, brashness, undisciplined dialogue, pride, and self-centeredness?
- How would biblical meekness (a trait of the “upside down” kingdom) transform your relationships? Family? Friends? Coworkers? Those hardest to deal with?
- How would you describe the difference between biblical meekness and softness or quietness?

Memory Verse

“But the meek shall inherit the land and delight themselves in abundant peace” (Psalm 37:11).



KEEP GROWING:

- The word for “meek/meekness” appears four times in the New Testament, being identified with Jesus twice. Read Matthew 11:29 and Matthew 21:5 (meek is also translated as “gentle”). In what ways did Jesus display the main truths of this weekend’s message?
- You may have heard the phrase, “Nice guys/gals finish last” or “It’s a dog-eat-dog world.” In many ways, those listening to the beatitudes would have resonated with those words as they lived under the oppression of Rome at that time.
- What does abundant kingdom living look like for you? What change needs to take place specifically for you in order for you to truly experience abundant kingdom living?
 - Reread Matthew 5:1-12. In what ways does Jesus present an “upside down” kingdom? In what ways do you think his “upside down” kingdom shook up Jesus’ hearers back then?
 - How does Jesus’ “upside down” Kingdom shake up our culture today?
- Read the following passages, either on your own or take turns in a group: Mark 10:17-27; John 8:1-11; Matthew 18:21-27. In what ways do these verses put forth an “upside down” kingdom mindset?
- Does your character, conduct, and conversation demonstrate that you are a child of God living the abundant kingdom life?

Bonus Challenge

Based on the biblical definition of meekness, which principle of meekness do you need to:

START living (provides new opportunities for abundant kingdom living)

STOP living (distracts from abundant kingdom living)

CONTINUE living (principle you are already living that cultivates abundant kingdom)

