

## OVERCOMING DISCONTENTMENT

For the week of May 10, 2020

John 21:1-14

Full message available at [highpoint.church/currentseries](https://highpoint.church/currentseries)

**GOAL:** To overcome discontentment because of Jesus' resurrection.

### GET GOING:

- Cheetos Lip Balm and Harley Davidson Perfume are listed by INC. as the “21 Worst Product Flops Of All time.” What is a purchase you made that you thought would “change your life” but just ended up causing more discontentment?
- “The greenhouse of discontentment is fertilized with complaining, comparing, and worrying.” Out of these three, which one are you struggling with the most right now?
- “My discontentment can be leveraged by God to discover my deeper purpose and calling which results in the betterment of our society and the growth of the Kingdom of God.” What is one thing that bothers you, frustrates you, or even angers you, that God might galvanize into your personal vision and calling?

### KEEP GROWING

- “Discontentment is overcome as I look to the shore of stability (John 21:1-4) and as I listen to the voice of reason (John 21:5).” Read Philippians 4:12-13. For Paul, what is the “secret” to contentment (cf. Philippians 3:7-11)? How have you personally experienced contentment and God’s strength in the midst of high and low circumstances?
- Peter jumped into the sea of uncertainty (John 21:7-8), as he recognized that God’s grace and forgiveness is unlimited even in his habitual discontentment. In what area of your life do you need to ask God for a second (third, fourth, fifth...) chance? After you write it down or share it with your family/growth group, take a moment to pause and ask God for His help. Don’t rush on to the next question too quickly.

- “Discontentment is overcome as I dine at the table of tranquility (John 21: 9-14).” Read Luke 9:12-17. With which character do you best identify in this story? Why? What does that reveal about the posture of your heart towards Jesus?

### **MEMORY VERSE**

*“I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength” (Philippians 4:12-13).*

### **BONUS CHALLENGE**

A practical way to cultivate gratitude and fight discontentment is to make a “thank you” list. Think about categories such as family, health, children, job, church, friends, home, memories, sunshine... and begin compiling a list (by yourself or with a loved one). See how long of a list you can make, and put it on your fridge as a reminder.

