

FOR YOU. YOUR FAMILY. YOUR GROUP.

OVERCOMING DOUBT

For the week of May 3, 2020 John 20:24-29 Full message available at <u>highpoint.church/currentseries</u>

GOAL: To overcome doubt because of jesus' presence.

GET GOING:

- What is something silly or serious (an experience or object)
 that you thought was too good to be true, but turned out to be
 actually good? Or, what is something silly or serious that you
 thought was too good to be true, and it turned out too good to
 be true?
- "The question is not 'Will I have doubt?' But rather, 'How can I learn to overcome doubt?'" What is one area of doubt that was hard for you to overcome/are still working through? After you write it down or share it with your family/group, take a moment to pray and ask for God's help.

KEEP GROWING

- Read John 20: 24-25. "Doubt is overcome as information is processed, experiences are shared, questions are answered and trust is developed." When was a time when someone or something helped you overcome your doubt?
- -Tim Keller says, "A faith without some doubts is like a human body with no antibodies in it. People who blithely go through life too busy or indifferent to ask the hard questions about why they believe as they do will find themselves defenseless against either the experience of tragedy or the probing questions of a smart skeptic. A person's faith can collapse almost overnight if she failed over the years to listen patiently to her own doubts, which should only be discarded after long reflection." Do you agree or disagree with this quote? Why?

- "Doubt is overcome as patience is exhibited and resolution is gained" (John 20:26). Read John 11:1-7, 17-27 and John 20:26-27.
 What lessons (spiritual, emotional, relational) that Thomas, the disciples, Mary and Martha learned can you apply to your season of waiting?
- "Doubt is overcome as action is taken, faith is exercised, beliefs are curated and convictions are galvanized" (27-29). Read Matthew 8:5-10, 13. How did the centurion soldier in Matthew 8 take action, exercise faith, curate his belief and see his conviction galvanized? Which of these three keys to overcoming doubt: a) take action, b) exercise faith, or c) curate belief), do you need to access to galvanize your faith?

BONUS CHALLENGE

Take 1 hour this week to visit apologetics sites such as: www.rzim.org, www.leestrobel.com to curate belief and overcome doubt.

MEMORY VERSE

"Now faith is the assurance of things hoped for, the conviction of things not seen" (Hebrews 11:1).