

FOR YOU. YOUR FAMILY. YOUR GROUP.

### **HOPE FROM THE PAST**

For the week of September 20, 2020 1 Peter 1:13-25 Full message available at highpoint.church/currentseries

### **BIG IDEA**

God doesn't waste anything. To find hope from our past we must Focus, Follow, Fear and Feed.

### **GET GOING**

- What aspect of the message was most impactful to you personally? Explain.
- Who (show of hands) can think of something in their past they wish could be erased?
- Why can experiences from our past be so crippling?
- In what ways do you need to grow in these steps to finding hope from your past?

Focus: On the Grace of GodFollow: In the Calling of God

• Fear: The Displeasure of God

• Feed: On the Word of God

# **KEEP GROWING**

- \*Turn to Philippians 3:12-16
- Paul had incredible past experiences that shaped his faith, understanding of God, and increased his level of humility. Just before this passage we see Paul giving us his list of past "accomplishments." God uses our past to inform our future, while the enemy can use it to turn us inward in a prison of shame.
- What role does shame have in keeping us chained from looking up to God for healing and hope?
- How has God used an experience in your past to activate your dependency on Him and help shape your life?
- Verse 13 gives us two courses of action regarding the past:
  Forgetting and Straining Forward. What practical steps can you take to move forward in one of these steps?

- How does verse 14 provide hope?
- What is spiritual maturity? How is it measured based on verse 15?

# **WEEKLY CHALLENGE**

- Confess an area where you did not "Make the Most" over these difficult months.
- Commit to Feed on God's Word daily.

### **MEMORY VERSE**

Philippians 3:12

