

CHOOSE TO COMMUNICATE RESPECTFULLY

For the week of Mar. 17, 2019

Full message available at highpoint.church/currentseries

GET GOING:

- All relationship is founded on communication. Take a moment to reflect on how you tend to communicate to those close to you. There's no right or wrong answer here as we're all wired differently. Are you more open to sharing what's on your mind? Do you hold your true thoughts back? Do you find yourself talking a lot, or are you more reserved? It's not a matter of if a storm will come into your life (disease, death of a loved one, financial crisis, etc), it's a matter of when it will come. What is it about your relationship with Jesus that helps you endure when the storm comes?
- Knowing your tendencies, how does the way you communicate affect your earthly relationships (spouse, family, friends, etc.)? How does it affect your relationship with your heavenly Father?
- Because prayer is our direct line to God, the Bible exhorts us to "pray without ceasing" (1 Thessalonians 5:17). How often do you pray in a given day? How often do you pray in a given week?
- Share about a relationship in which you've done well, and a relationship in which you could have communicated better.

KEEP GROWING:

The Bible has a wealth of passages regarding communication, let's explore a few of them below.

- Read James 3:1-12 aloud as a group and write down all the different things the tongue is described as doing in this passage.



- Read Ephesians 4:15 and 4:29 and take note of how we are supposed to speak and how we aren't supposed to speak.
- With these biblical principles in mind, let's make this practical. Who in your life needs a word of encouragement today? Who can you text or call at the next opportunity to offer words that encourage and build up? Is there a relationship in which you need to seek forgiveness for saying something you regret?

BONUS CHALLENGE:

If you haven't already, walk through the Scriptures until Easter by going through our Journey to Easter reading plan. Pick it up in the lobbies or download it at www.highpoint.church.

MEMORY VERSE

“Let no corrupt talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear” (Ephesians 4:29).

