

UNTANGLED: INTRO

For the week of September 1, 2019

Full message available at highpoint.church/currentseries

GOAL:

To understand the biblical requirements to untangle the messy issues in our lives.

GET GOING:

- Our lives can get tangled in many areas: relationships, circumstances, work, family, finances, ect. What's an area in your life that feels particularly tangled right now?
- Review the 5 requirements for untangling from this weekend's message. Which one stands out to you the most, and why? Untangling requires...
 - Unparalleled Community (verse references?)
 - Unwavering Commitment
 - Uncompromising Character
 - Uninterrupted Concentration
 - Unashamed Conviction
- Hebrews 12:1 says we're surrounded by a great cloud of witnesses. This means we've had so many faithful people go before us to whom we can look as examples. Who do you know in your life who has been a spiritual example to you? Why does this person stand out to you?

MEMORY VERSE:

"[...] Looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God" (Hebrews 12:2).



KEEP GROWING:

- Read Hebrews 12:1-3 again. Notice the 4 exhortations the author gives.
 - “Lay aside”

The author tells us to lay aside any weight or sin that may hinder us as we go through our life. What weight or sin in your life do you need to lay aside?

- “Run with endurance”

This weekend we talked about how the Greek word for “endurance” literally means to “remain under.” When you’re entangled in a situation, how do you know when you need to remain under, and how do you know when it’s time to make a change?

- “Fix your eyes”

One of the most important exhortations in this passage is the call to fix your eyes on Jesus. What often steals your gaze in this life? How can you focus more on Jesus so that you continue growing in your faith?

- “Consider Him”

Read also Hebrews 4:14-16. Jesus is the perfect example of endurance because He’s been through it all and can sympathize with us. In whatever trial you find yourself, how can you consider Jesus as a companion to walk with you through your circumstance? Do you see Jesus as a sympathetic High Priest, or as a removed and unengaged judge?

God wants to develop endurance in us through our circumstances. How is God building endurance in you through your trials? What lesson do you think He’s trying to teach you?

BONUS CHALLENGE:

As taught in this weekend’s message, untangling requires unparalleled community. Make sure to be in a Growth Group this year so that you can do life with brothers and sisters in Christ and grow in your faith, navigating life’s twists and turns together. To see what Growth Groups are available at Highpoint, head to highpoint.church/groupfinder.

