

## UNTANGLED: UNTANGLING MY SOUL

For the week of September 15, 2019

Scripture: Matthew 19:16-22

Full message available at [highpoint.church/currentseries](http://highpoint.church/currentseries)

### GOAL:

To understand that there's nothing we can do in our own power to save ourselves, but the power to save is found only in Jesus and has the power to untangle us.

### GET GOING:

- Do you inherently think of yourself as a good person, or a bad person? Why do you think that of yourself?
- Do you ever get entangled into thinking more highly of yourself than you ought to? Have you ever had a time where God has humbled you (or as Pastor Ron would say, "served you some humble pie")?
- Review the 4 steps to untangling your soul from this weekend's message. Which one(s) comes easy to you. Which one(s) do you find difficult? What, if anything, would you add?
  - Admit that you aren't as good as you think you are (16-17a)
  - Believe that God's standard for goodness is perfection (17b-20)
  - Confess that your goodness is your greatest obstacle to God (21)
  - Accept God's goodness which is only available in Christ (22)

### MEMORY VERSE:

*"For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast" (Ephesians 2:8-9).*



## KEEP GROWING:

- While we know we are saved by God's grace alone (Ephesians 2:8-9), we can often fall into the belief that our good deeds need to outweigh our bad deeds to get to heaven. Do you ever find yourself entangled in this way of thinking?
- This weekend Pastor Ron shared, "One of the symptoms of a tangled up soul is that it compares itself against the goodness of others instead of measuring itself against the perfection of Christ."
  - o Do you find that you compare yourself to other people? If so, why?
  - o How often do you compare yourself to the example of Christ and how you're becoming more like Him?
- Instead of trying to tip the good vs. bad scale in your favor, how can you let go and let God sanctify you and work in your life?

## BONUS CHALLENGE:

Write or print out these 5 verses that help remind us we aren't as good as we think we are.

- We are all Entangled (Psalm 14:3)
- We are all Fooled (Isaiah 53:6)
- We are all Polluted (Isaiah 64:6)
- We are all Disobedient (Romans 3:23)
- We are all Deceived (Jeremiah 17:9)

Then write out Ephesians 2:8-9 to remind yourself that it is God who loves and saves you.

