

## UNTANGLED: UNTANGLING MY IDENTITY

For the week of September 28, 2019

Scripture: Ephesians 1:3-14

Full message available at [highpoint.church/currentseries](http://highpoint.church/currentseries)

### GOAL:

To untangle my identity by finding my identity in Christ.

### GET GOING:

- Whether we realize it or not, we all place our identity in something (accomplishments, relationships, children, self, etc.) In what, in whom or where do you find identity?
- Sometimes our actions can speak louder than words, and speak to who we really are. Share a time when this was true for you.
- What insight, principle or observation from this weekend's message did you find to be most helpful, eye-opening, or challenging? Did anything confuse you? Briefly explain.
- To know who we are in Christ, it's important to spend time in the Bible. Grade yourself (A to F) on how you're doing in regularly reading the Bible and spending time with Jesus. How could you make time in your day to spend more time in the Word?

### MEMORY VERSE:

*"In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit" (Ephesians 1:13).*



## KEEP GROWING:

- Read Ephesians 1:3-14 again.
  - As you initially read through this passage, jot down different truths about our identity in Christ (ex. We are blessed (vs. 3), we are chosen (vs. 4), ...).
  - What phrases or words speak the loudest to you from Ephesians 1:3-14? Why?
- The God who gives us a new identity now has been doing the same thing throughout all of history. Read a part of Abram's story in Genesis 17:1-8 where God gives Abram a new name (feel free to read the whole chapter if you have time).
  - What principles from this weekend's message do you see in God's promise to Abraham?
  - Why do you think God changed Abram's (and Sarai's) name? Was that necessary? What is the significance of this?
- If our identity is in Christ, we know that God chose you out of the sea of humanity to be adopted into His family. How should this inform how you live out your daily life? Is this something you think about as you go about your day?
- The Apostle Paul was also renamed by Jesus. He used to murder Christians and persecute the Church. Then Jesus took him, gave him a new name and identity, and Paul reached countless for the gospel and wrote most of the books of the New Testament. If God can do that with a person like Paul, what do you believe God can do through you?

## BONUS CHALLENGE:

Just like Paul, who are two people in your life that may be far from God but can be used by Him? Consider writing down their names in a spot you will remember and commit to praying for them once a week to be used by God for His glory.

