10 Questions

Every Teen Should Ask about Christianity

and Answer ク



Parent Growth Guide

Based on book by Rebecca McLaughlin



A Highpoint Resource

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All Scripture is from the English Standard Version unless otherwise noted.

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Parenting Teens Group

Discipling Parents to Disciple Their Teens

God calls parents to disciple their children - this includes their teens. Parenting Teens Group is a community of parents supporting and encouraging each other on this discipleship journey. Together we discuss cultural topics form a biblical perspective so we can be more comfortable, compassionate, and confident to talk with our teens.

PTG meets on the 2nd & 4th Sundays at Highpoint from 6:00-8:00 pm during Highpoint Students. The evening includes relational connection around food, a guest for Q&A, relevant teaching from God's Word, and discussion in table groups.

'23-'24 PTG Schedule

September 10* & 24 October 8* & 22 November 12* December 10*

January 14 & 28 February 11 & 25 March 10 April 14 & 28

*Student Sundays - all students, all locations in Naperville. Note: Schedule subject to change. Watch for any updates.

We are biblical, mutual, and missional

Biblical - We allow God's Word to shape our thinking and guide our discussion.

¹⁶ All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness - 2 Timothy 3:16

Mutual - We share our lives together in relational and spiritual community.

¹² that is, that we may be mutually encouraged by each other's faith, both yours and mine. - Romans 1:12

Missional - We live out God's truth through following Jesus and growing as parents.

22 But be doers of the word, and not hearers only, deceiving yourselves

James 1:22

About the 10 Questions Book

Going to school, hanging out with friends, and scrolling through social media, teens face real challenges to faith in Jesus.

Backed by state-of-the-art research, personal stories, and careful biblical study, Rebecca McLaughlin does not dodge tough questions. Instead, this book invites teens to ask their hardest questions about Christianity and to find surprising life-giving answers.

This book is written for teens. So, why are we reading and discussing this book in our Parenting Teen Group?

It's because we want to help parents to disciple their teens through conversations about cultural issues. Rather than protecting our teens *from* cultural topics, we want to prepare our teens *for* cultural topics.



This book engages with big ideas. It talks about racism and slavery, marriage and sexuality, gender and transgender questions, abortion and pornography, 9/11 and Hitler, heaven and hell, among other topics.

Each chapter title is written in the form of a question - a question your teen may be thinking about and may ask you. This book and Growth Guide will prepare you to engage in conversations about these topics.

You may choose to read the book with your teen. Or you may think they'll prefer to read it for themselves. Either way, the goal is to engage in conversations together.

Disclaimer: The opinions of this book are entirely the author's perspective and do not necessarily reflect the views of Highpoint Church. That said, we believe in the value of healthy, respectful dialogue.

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Why this Study is Important

1. Gen Z is the "first truly 'post-Christian' generation" (Barna). We need to contend for the faith with our teens.

³ Beloved, although I was very eager to write to you about our common salvation, I found it necessary to write appealing to you to contend for the faith that was once for all delivered to the saints.

Jude 1:3

2. God calls parents to disciple their children - maximizing everyday moments for spiritual conversation about cultural issues.

⁷ You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. - Deuteronomy 6:7

3. Many Christian parents are unsure about a biblical worldview of cultural topics and/or uncertain about how to talk with their teen - so they miss God-given opportunities.

but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect 1 Peter 3:15.

4. This study helps parents to be comfortable, compassionate, and confident in conversations with their teens.

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. Colossians 4:6

About this Growth Guide

This Growth Guide guides personal study, group discussion, as well as conversations with your teen. The group discussion with parents will help prepare you to be comfortable, compassionate, and confident to discuss these topics with your teen

Step 1: Personal Study

Before you go to the Parenting Teen Group, do a personal study. Start with opening your Bible, then reading the chapter from 10 Things Every Teen Should Ask (and Answer) about Christianity. The order is important.

God's Word is the foundation and framework for how we view life. We view life through the lens of God's Word - not the opposite. Because of God's love He gave us His Word. His Word is our authority. And His Word is relevant your everyday life, including cultural topics.

Take time to HEAR from God from His Word -

Hear - what is God saying through His Word?

Explain - how would you explain this to others, including your teen?

Apply - how will you live out the truth?

Reflect - take time to ponder, memorize, pray through the passage.

Journal your observations and application for each passage.

Then, read the chapter from the book. Journal what was helpful to remember or what you want to further discuss with the group or with your teen.

Step 2: Group Discussion

This section to guide the discussion at Parenting Teens Group. That said, you can read the questions in advance and come prepared to discuss. It follows a three-part format - Share: Get Talking, Study: Go Deeper, and Support: Grow Together.

Share: Get Talking

How would you answer the "question of the week" if your teen asked you? If you find it difficult to talk with other parents about this topic, it will likely be a greater challenge with your teen.

Study: Go Deeper

This section includes 4-5 questions to probe for a deeper understanding. Several question each week start with "Read a verse" followed by a question. This is intentional. We want to make sure our discussions are centered on God's Word more than opinion, including the author's opinion. God's Word should be the loudest voice in your group discussion. Our opinions should be informed by and reflect God's Word.

Support: Grow Together

Groups with men and women are encouraged to split into gender-based groups for this section which includes three questions -

- What was something helpful from this study that you could share with your teen? Identify specifics from the study to help you as you talk with your teen.
- How can you grow as a parent this week through this study? The goal is to grow as a parent through applying the lesson in your life and in your home each week. It's an open-ended question because only you can answer this question.
- How can we pray for and support you as a person, then as a parent? This is more than a book club, it's a Growth Group. We desire to share our lives with each other. Let's move beyond being superficial to being authentic, transparent, and vulnerable. And the let's share personal prayer requests not only parental prayer requests.

Each Group Discussion page ends with this box to encourage you to identify and share a clear action step each week -

My Action Point for Parenting this Week

Step 3: Talk with Your Teen

Talking about these topics with other parents of teens is to help prepare you to be comfortable, compassionate, and confident to talk about these topics with your teens

Reactive Parenting	Proactive Parenting
Wait for your teen to come to you to discuss these and other topics.	Initiates opportunities to talk with your teen about these and other topics.

Question:

What type of parent are you?
What type of parenting do you want to be?

Conversation Guide

This section includes conversation starters with your teen to get the conversation started. The goal isn't one "talk" but many conversations.

The Conversation Guide is a guide, not a script. The open-ended sample questions are to get started, go deeper, and grow together.

- Get Started questions to start the conversation, showing an interest in your teen's life.
- Go Deeper questions to allow your teen to think and share personal thoughts about the topic.
- *Grow Together* questions to lead to praying together.

Before you talk, consider the time and location. Both are important for your teen to feel comfortable and safe talking. Consider side-by-side talking - while driving, going for a walk, doing an activity together - not just face-to-face at a table.

10 Tips for Talking with your Teen

Every day, our culture is having thousands of conversations with our teens. As parents, we need to be engaged in conversations with our teens.

More than having "the talk" with your teen, it's about building a relationship to have one ongoing conversation with your teen.

Navigating the teen years can be challenging for both parents and teens. Even though talking with teens can feel like an uphill battle filled with grunts and sighs, it is important to establish open and honest communication to build a safe and trusting relationship to be able to engage in meaningful conversations together, including talking about difficult subjects.

1. Listen actively.

¹⁹ let every person be quick to hear, slow to speak, slow to anger - James 1:19

This begins by putting your phone down. Giving attention to the conversation and active listening shows an interest in your teen and are essential for healthy communication. Go beyond being physically present, be mentally and emotionally present with your teen. Don't interrupt. Listen to words, but also to your teen's heart. Try to understand your teen's perspective. Pay attention to tone and body language.

2. Do things together.

12 that is, that we may be mutually encouraged by each other's faith, both yours and mine. - Romans 1:12

Engaging in shared activities can strengthen your bond and provide opportunities for meaningful conversations. Do things your teen enjoys - cooking, sports, attending an event, playing video games, and more. Have fun and laugh together. These everyday moments will help create a relationship where your teen feels safe talking with you.

3. Talk with your teen.

⁷ You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Deuteronomy 6:7

Talk with your teen, not at your teen. No one likes to be lectured, especially teens. Instead of delivering a monologue, engage your teen in a two-way conversation. Encourage your

teen to share his/her thought, opinions, and feeling. This creates mutual understanding and respect.

Consider talking side-by-side rather than face-to-face. Sometimes a conversation is best while driving, going for a walk, playing video games, or on a park bench rather than sitting across a table from each other.

4. Ask questions.

⁵ The purpose in a man's heart is like deep water, but a man of understanding will draw it out. - Proverbs 20:5

Ask open-ended questions to encourage your teen to think critically and express his/her view. Show an interest with questions while avoiding interrogating your teen.

- What did you enjoy today? What were some challenges today?
- How do you feel about expectations our culture puts young guys / girls?
- In what ways can we support each other in our faith journey?
- What am I doing or not doing that you would like me to change?

5. Validate feelings.

¹² Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience - Colossians 3:12

Acknowledge feelings. Just because you might not understand why your teen is reacting the way that he/she is, their emotions are real. Avoid dismissing emotions, telling your teen how he/she "should feel." Instead, use phrases like, "I can see how you would feel that way" or "it's understandable why you are upset about this."

Show empathy. Avoid judgement or criticism.

6. Control your emotions.

¹ A soft answer turns away wrath, but a harsh word stirs up anger. - Proverbs 15:1

Teens can be moody and use hurtful language. As a parent, remain calm and do not take words personally. Model controlling your emotions. In doing so, you will avoid heated arguments and create a more constructive environment for talking. If necessary, take a break.

7. Show trust.

¹⁹ I have set before you life and death, blessing and curse. Therefore choose life Deuteronomy 30:19

Trust is the foundation of any heathy relationship. Give your teen age-appropriate responsibilities. Gradually provide more privileges and responsibilities. Showing your teen you trust his/her judgment and decision-making will encourage him/her to be more open in conversations with you.

8. Encourage your teen.

¹¹ Therefore encourage one another and build one another up, just as you are doing. 1 Thessalonians 5:11

Offering praise and encouragement can help boost your teens self-confidence and reinforce healthy behaviors. Avoid flattery. Be genuine. Every teen needs affection, attention, affirmation, and approval from parents for healthy emotional development.

9. Allow time to process.

⁴ Love is patient and kind - 1 Corinthians 13:4

After discussing a topic, give your teen some time to process the information. Don't push for an immediate response or decision when it's not needed.

10. Keep talking.

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. - Colossians 4:6

The goal isn't having "the talk" but engaging in an ongoing conversation about life, feelings, beliefs, and more.

Reflect + Discuss

- How would you describe your relationship with your teen(s)?
- Why is it important for parents to be engaged in conversations with their teens?
- What three "tips" are areas of growth for you? Why?
- Which verse would be helpful to memorize?

Understanding Gen Z

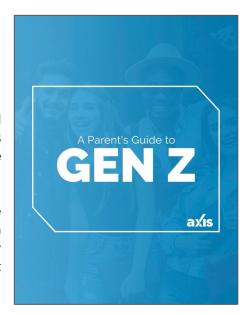
Adapted from Axis.org

Born 1997-2012

Favorite Social Media Apps

54% of Gen Zers say they spend 4 or more hours on social media every day. What they see1m to enjoy the most is visual media. The data suggests that Gen Z's favorite social media apps are YouTube, Instagram, and TikTok.

Gen Z spends more time on mobile devices (an average of 11 hours a week) and streams more content (an average of 23 hours of video content a week) than any other generation. That's almost one full day spent watching content.



Communication

Gen Z prefers using devices to communicate - especially texting. Gen Z communicates with others more digitally than in person (73.7 %).

But Gen Z appreciates face-to-face communication. 39% say it's "the most effective" way of communicating. Some members of Gen Z are opting out of smartphone communication entirely out of a belief that it's better for their mental health and long term well-being.

Religion and Truth

Barna calls Gen Z the "first truly 'post-Christian' generation" and has found the most previous generations had a "basic education on the Bible and Christianity" - but not Gen Z. Gen Z is also more likely than other generations (apart from Millennials) to say that the problem of evil is what's stopping them from believing in Christianity.

Morality

Gen Z tends to think that what's right is what doesn't hurt anyone. Why is that? According to Barna the reasons are complex and include

- The vast amount of information Gen Z has access to
- The level of diversity they are around
- Empathy for people who are different from them

There is, however, a notable difference in beliefs, among Gen Z-ers when comparing Christians to non-Christians. Barna's research conclude that Christian young people are more likely to believe that premarital sex and homosexuality are wrong compared to their non-Christian or nominally Christian peers.

Sexuality

Gen Z has a less traditional view of sexuality. In 2021, 20.8% of Gen Z identified as LGBTQ+ compared to 10.5% of Millennials and an increase of 18% over Baby Boomers.

It's common now for young people to see gender as fluid and non-binary.

Mental Health

Gen Z has embraced a new attitude toward mental health, but that doesn't mean they are mentally healthier.

This generation has come of age during the much remarked upon mental health crisis. Only half of Gen Zers surveyed in 2021 fell that they do enough to manage their stress. This generation is also far more likely to report a clinical mental health diagnosis, with anxiety disorders and clinical depression among the most common diagnoses. Gen Z is much more likely to have had a friend, classmate, or peer attempt suicide as the rate of suicides among teens tripled between 2007-2017.

In the aftermath of COVID-19 pandemic restrictions, more teens than ever reported isolation, depression, anxiety, and a general sense of unease and unhappiness.

Strengths and Weaknesses

Gen Z are pragmatic, they value relationships, and they love people no matter how different they are or how "shocking" their lifestyles might be. They're interested in being self-starters and in finding creative ways to educate themselves and better their lives. They strongly dislike hypocrisy and are unwilling to go along with institutions merely because of their perceived authority (which has been a weakness of previous generations). Gen Zers also want to see evidence before accepting something as true.

One the other hand, Gen Zers' emphasis on relationships and acceptance means they can let their empathy overwhelm their morality. They tend to see truth and morality as relative

and can value authenticity so highly that they have an aversion to making any kind of judgment, especially about another person. They can also fail to see that sometimes the most loving step we can take toward people is to confront them with the truth and challenge them to live differently. They need to know where their hope truly comes from and that there is good reason for believing in Christianity.

How to Encourage Gen Z

Jonathan Morrow of Impact 360 says he believes students are reluctant to take a stand on moral beliefs because they don't want to appear judgmental and because they live in a culture that doesn't believe people can have true knowledge about spirituality and morality.

How can we help Gen Z influence culture instead of letting culture influence them? Morrow says, "In order to build a strong and lasting faith, students need reasons, relationships, and rhythms." He calls these the "Three R's" of worldview transformation.

From a young age, students need parents and other mentors to teach them the truths about Christianity, educate them about false ideas, and allow them the safety of being able to doubt well.

Though different and growing up in a very different world that could have been imagined 100 years ago, the members of Gen Z are still human beings made in the image of God. No matter how different things become, God's design for us will never change. Despite all the technological advancements, the rise of globalization, changes in the political landscape, and more, Gen Z still needs a relationship, connection, discipleship, love, and Jesus.

^Adapted from Axis.org

What Your Gen Z Teen Needs from You

Follow Jesus - Your teen needs a parent who genuinely loves Jesus - at home, with neighbors, at church. Your teen needs to lead spiritually, to lead in prayer, to lead by example in loving others. Your teen is watching you to discern whether Jesus is worth following.

Love your spouse - If you are married one of the greatest gifts is for your teen to feel family security. Show affection in front of your teen. When there is conflict, resolve in a healthy way.

Laugh with, listen to, and learn about your teen - Relationships are built in the moments of life. Take time to have fun together, doing thing your teen wants to do. Listen to your teen's heart, not just your teen's words. Learn about your teens - both joys and challenges - entering into your teen's life. Love your teen for who they are not what you hope they will become.

Reflect + Discuss

- As a parent, why is it important to understand Gen Z?
- What concerns do you have about the Gen Z culture?
- What was most helpful and hopeful about this overview of Gen Z?
- How are you doing with the 3 areas your teen needs from you? In what ways do you need to grow in these areas?



Chapter 1

How Can I Live My Best Life Now?

How Can I Live My Best Life Now?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, read chapter 1 and journal your notes.

	Personal Bible Study —
John 10:10	T Gradiar Bible Geday
1 John 3:16, 4:8	
Mark 10:44-45	
Matthew 18:21-22	
1 Timothy 6:10	

Personal Notes - Chapter 1	
	10 Questions
	Every Teen Should Ask
	(and Answer)
	about Christianity
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How Can I Live My Best Life Now?

Share: Get Talking

• How would answer the question above if your teen asked you?

Study: Go Deeper

- Read John 10:10. What does this verse mean? How does following Jesus provide the best way to live now, not just when we die?
- Read Luke 9:23. What does it mean to die to self? What do we gain in exchange?
- People who go to church tend to be happier and healthier. Is this surprising? Why is this? How have you experienced this?
- Are you surprised that psychologists have found that many things the Bible teaches are good for us? What are some examples that the author highlighted.
- What makes you excited or nervous about talking with your teen about these topics?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?



Conversation Guide

The goal is an ongoing conversation - not a one time "talk." Ask to discern a good time and place to talk with (not at) your teen. Both are important for your teen will feel safe to talk. Sometimes side-by-side while driving, on a walk, or doing an activity together is better than face-to-face at a table. This conversation guide is not a script. Instead, it provides some sample open-ended questions to get talking, go deeper, and grow together.

Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- How do you feel about our relationship? Is there anything that I am doing or not doing that you would like me to change?
- How would you like to see our relationship grow this year?
- I am reading a book about Questions Teens should Ask about Christianity. Would you be willing to read it by yourself or with me?
- Would you be willing to talk about it with me? If so, when, and where?

Go Deeper

- Have you ever felt like you don't belong?
- What makes you happy? When are times you don't feel happy?
- What makes following Jesus hard?
- What are some of the benefits of following Jesus?

Grow Together

• How can I support you and pray for you this week?

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. - Colossians 4:6



Chapter 2

Isn't Christianity against Diversity?

Isn't Christianity Against Diversity?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, read chapter 2 and journal your notes.

	Personal Bible Study
John 1:1-5	reisonal bible study
Genesis 1:26-27	
Mark 12:29-31	
John 4:4-26	
Colossians 3:11	

Personal Notes - Chapter 2	
	10 Questions 2
	(and Answer)
	about Christianity
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Isn't Christianity Against Diversity?

Share: Get Talking

• How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read John 1:1-5. Jesus invented diversity and equality. All human beings of every race and ethnicity are created equal. Do you agree? If so, how should this inform how we live?
- How did Jesus break through racial and cultural boundaries? How is this an example to us? See John 4:4-26.
- "Despite all the sins of racism committed by Christians over the centuries, Christianity is the greatest movement for diversity in all of history." What evidence did the author point to in order to make this claim?
- Read Revelation 7:9. How is heaven a reflection of what we should be experiencing on earth?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?



Conversation Guide

The goal is an ongoing conversation - not a one time "talk." Ask to discern a good time and place to talk with (not at) your teen. Both are important for your teen will feel safe to talk. Sometimes side-by-side while driving, on a walk, or doing an activity together is better than face-to-face at a table. This conversation guide is not a script. Instead, it provides some sample open-ended questions to get talking, go deeper, and grow together.

Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- Did you read the chapter? Is there anything you want to talk about? Did you find anything interesting in the chapter?

Go Deeper

- What comes to your mind when you think about diversity? What are different kinds of different?
- Culture says we should tolerate people who are different (gender, ethnicity, faith, etc.) but God calls us to love those who are different. Why? Is there is difference between tolerance and love?
- How and where have you seen racism? Why do you think people treat others differently based on color of their skin?
- Why was slavery wrong? Why is discrimination wrong?
- Do you agree that all humans are created in the image of God? Why?
- Why should Christianity unite all racial groups?
- Is there anything about this topic that makes you feel uncomfortable?

Grow Together

How can I support you and pray for you this week?

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. - Colossians 4:6



Chapter 3

Can Jesus be true for you and not for me?

Can Jesus be true for you and not for me?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, read chapter 3 and journal your notes.

	Personal Bible Study
John 14:6, 9	
1 Corinthians 15:3-4, 17	
John 11:24-25	
1 Peter 3:15	
2 Corinthians 5:11-14	

Personal Notes - Chapter 3	
	10 Questions
	(and Answer)
	about Christianity
	REBECCA McLAUGHLIN

Can Jesus be true for you and not for me?

Share: Get Talking

How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read John 14:6. Do you believe this verse? Why or why not? Explain.
- Saying all religions are equal paths to God sounds respectful, but it actually isn't. Why?
- Read John 11:25 and John 14:9. Most people today don't believe there are many gods. They believe there are many ways to same God and claim Jesus didn't claim to be God. How do these verse show Jesus claimed to be more than a moral teacher?
- Read 1 Corinthians 7:3-5. The Bible teaches that sex between a man and a woman is wonderful gift from God as an important part of marriage. How can sex outside of that context bring hurt and heartbreak?
- Read 1 Peter 3:15. How should this verse guide us when we share our faith?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?



Conversation Guide

The goal is an ongoing conversation - not a one time "talk." Ask to discern a good time and place to talk with (not at) your teen. Both are important for your teen will feel safe to talk. Sometimes side-by-side while driving, on a walk, or doing an activity together is better than face-to-face at a table. This conversation guide is not a script. Instead, it provides some sample open-ended questions to get talking, go deeper, and grow together.

Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- Did you read the chapter? Is there anything you want to talk about? Did you find anything interesting in the chapter?

Go Deeper

- Why can't we say all religions are right?
- How do you think culture perceives Christianity?
- Why is the resurrection of Jesus such an important part of history either He died or He didn't?
- Why does believing in Jesus as the Son of God seem offensive? Do you think it's offensive?
- When the Titanic was sinking, some people told others about lifeboats. How is this an example of what Christians should do?
- What makes it challenging to identify as a Christian or share your faith with others?
- Why is it disrespectful or unloving not to tell others about Jesus?

Grow Together

• How can I support you and pray for you this week?

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. - Colossians 4:6



Chapter 4

Can't We Just be Good without God?

Can't We Just Be Good without God?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, read chapter 4 and journal your notes.

	Personal Bible Study	
Matthew 19:13-15	Tersonal Bible Study	
Luke 10:25-37		
John 4:1-42		
Matthew 5:43-45		
Romans 5:7-8, 10		

(and Answer)	Personal Notes - Chapter 4		
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			Every Teen Should Ask
about Christianity			(and Answer)
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Can't We Just Be Good without God?

Share: Get Talking

• How would answer the question this week if your teen asked you?

Study: Go Deeper

- How does the illustration of Wreck it Ralph apply to this topic?
- If there is no God who created the universe, there is no universal right and wrong. We can all have different opinions. But if there is a Creator God, he has the right to tell us what to do. Do you agree or disagree. Why?
- How does Jesus' teachings change our world?
- When some people look at history and they see things like the events of 9/11, they think religion is the problem. How would you respond?
- Why is Jesus the only one who has the right to say what is right and wrong?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?

My Action Point for Parenting this Week

Conversation Guide

The goal is an ongoing conversation - not a one time "talk." Ask to discern a good time and place to talk with (not at) your teen. Both are important for your teen will feel safe to talk. Sometimes side-by-side while driving, on a walk, or doing an activity together is better than face-to-face at a table. This conversation guide is not a script. Instead, it provides some sample open-ended questions to get talking, go deeper, and grow together.

Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- Did you read the chapter? Is there anything you want to talk about? Did you find anything interesting in the chapter?

Go Deeper

- Who decides what's right and wrong, good and evil? Why is this important?
- Most Christians believe unborn babies are human beings. Why do you think so? What do you believe?
- Have you heard of the term abortion? What are your thoughts? How can we have compassion and conviction about this topic?
- What do you know about 9/11? What do you know about the men who hijacked the planes? They believe they were doing something right. Were they?
- If there is no God, we can do whatever we want. Is that good?

Grow Together

• How can I support you and pray for you this week?

⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. - Colossians 4:6



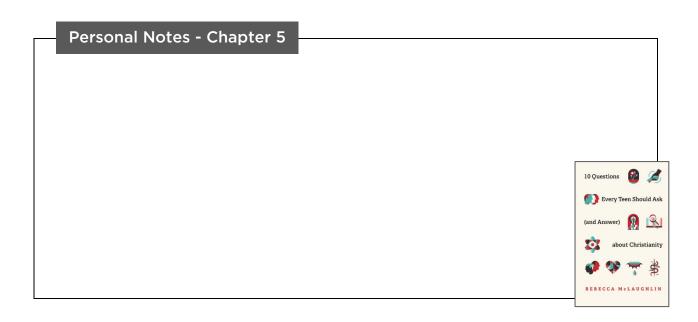
Chapter 5

How Can You Believe the Bible is True?

How Can You Believe the Bible is True?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, read chapter 5 and journal your notes.

	Personal Bible Study
Matthew 28:18-20	
Mark 14:29-31, 66-72	
Mark 16:1-11	
John 19:11-18	
Matthew 7:13-14	



How Can You Believe the Bible is True?

Share: Get Talking

How would answer the question this week if your teen asked you?

Study: Go Deeper

- Do you believe the Bible is true? Why or why not?
- Do you know there is a lot of historical evidence for Jesus? What are some evidences?
- The Gospels were first-hand accounts of Jesus. Why is this important?
- Some people believe the story of Jesus is made up. Have you heard this before? If so, where? What do you believe?
- Why is it important to believe the Bible?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?

My Action Point for Parenting this Week

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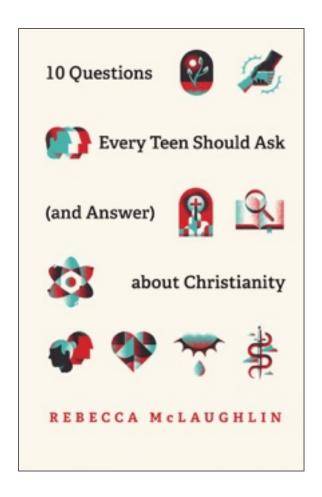
Go Deeper

- Do you believe the Bible is true? Why or why not?
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- The Gospels were first-hand accounts of Jesus. Why is this important?
- Some people believe the story of Jesus is made up. Have you heard this before? If so, where? What do you believe?
- Why is it important to believe the Bible?

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Chapter 6

Hasn't Science Disproved Christianity?

Hasn't Science Disproved Christianity?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, chapter 6 and journal your notes.

	Personal Bible Study —
Genesis 1:1:25	Tersonal bible study
Genesis 1:26-31	
Colossians 1:16	
Hebrews 1:1-2	
Revelation 4:11	

Personal Notes - Chapter 6	
	10 Questions
	Every Teen Should Ask
	(and Answer)
	about Christianity
	♦ ♦ ♦
	REBECCA McLAUGHLIN

Hasn't Science Disproved Christianity?

Share: Get Talking

How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read Genesis 1. The Bible starts with one God creating the world including humans. Do you believe God is the Creator of all things?
- Is faith in God contrary to science?
- Do you think the reason science works is because of luck or because God made the laws of the universe in the first place?
- The topic of faith and science is complicated and complex, but many people believe it takes greater to faith to believe there is no God than to believe there is a God. What do you think?
- Stephen Hawkins (atheist) says that heaven is a "fairy story for those who are afraid of the dark." If we *only* believe science, as he did, we don't just lose hope of life *after* death, we lose the meaning of life *before* death as well. Do you agree?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?



Conversation Guide

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Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- Did you read the chapter? Is there anything you want to talk about? Did you find anything interesting in the chapter?

Go Deeper

- What are some things you are being taught regarding the origin of life? What do you think.
- The Bible starts with one God creating the world including humans. Do you believe God is the Creator of all things?
- Is faith in God contrary to science?
- Do you think the reason science works is because of luck or because God made the laws of the universe in the first place?
- The topic of faith and science is complicated and complex, but many people believe it takes greater to faith to believe there is no God than to believe there is a God. What do you think?
- Stephen Hawkins (atheist) says that heaven is a "fairy story for those who are afraid of the dark." If we *only* believe science, as he did, we don't just lose hope of life *after* death, we lose the meaning of life *before* death as well. Do you agree?
- Science can tell us many important things, but can it tell us who we are and why we matter?

Grow Together

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Chapter 7

Why Can't We Just Agree that Love is Love?

Why Can't We Just Agree that Love is Love?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, chapter 7 and journal your notes.

	Personal Bible Study
1 John 4:8	reisoliai Bible Stady
Romans 1:18-31	
1 Timothy 1:8-11, 15-16	
1 Corinthians 7:7, 32-35	
Matthew 5:27-28	

Personal Notes - Chapter 7	
	10 Questions 🔞 🄏
	Every Teen Should Ask
	(and Answer)
	about Christianity
	REBECCA MCLAUGHLIN
	REBECCA MeLAUGHLIN

Why Can't We Just Agree that Love is Love?

Share: Get Talking

How would answer the question this week if your teen asked you?

Study: Go Deeper

- Rebecca McLaughlin is honest about her struggle with same-sex attraction (see p. 121). What is helpful about her story?
- Culture says, "Love is love." But the Bible says, "God is love" and gives us glimpse of his love through different kind of relationships. What relationships are referenced on p. 114-115.
- Read Ephesians 5:22-23. What is human marriage a picture of? Why is this significant?
- Read 1 Corinthians 7:3-5. The Bible teaches that sex between a man and a woman is wonderful gift from God as an important part of marriage. How can sex outside of that context bring hurt and heartbreak?
- "All of us need to say no to some of our longings in order to say yes to Jesus. And we all need each other for help along the way." What does the author mean by this statement?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
- How can you grow as a parent this week through this study?
- How can we pray for and support you as a person, then as a parent?



Conversation Guide

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Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
- Did you read the chapter? Is there anything you want to talk about? Did you find anything interesting in the chapter?

Go Deeper

- Have you heard the phrase "love is love"? What does this phrase mean in our culture?
- The Bible says, "God is love"? There are many types of relational love parent, sibling, friend. Not all love is sexual. Why is this important to understand?
- Who created male and female, sex and marriage? If God created each, wouldn't He know best? What are your thoughts?
- Have you ever felt uncomfortable in a situation with people talking, or looking at, sex? Have you ever felt pressure? Have you ever been touched in ways you didn't want?
- What do you think you should do in an uncomfortable situation?
- Who are your closest friends? What are values you look for in a friend? How can you be a good friend?
- Rebecca McLaughlin says, "All of us need to say no to some of our longings in order to say yes to Jesus. And we all need each other for help along the way." What do you think she means by this statement?

Grow Together

• How can I support you and pray for you this week?

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Chapter 8

Who Cares if You are a Boy or Girl?

Who Cares if You are a Boy or Girl?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, chapter 8 and journal your notes.

	 Personal Bible Study	
Genesis 1:26-28	T ersonar bible stady	
Luke 10:38-42		
Galatians 3:28		
John 1:3		
Matthew 16:24-25		

Personal Notes - Chapter 8	
	10 Questions 2 2
	(and Answer)
	about Christianity
	REBECCA McLAUGHLIN

Who Cares if You are a Boy or Girl?

Share: Get Talking

• How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read Genesis 1:26-28. Men and woman are equally important, but they are importantly different. Do you agree or disagree? Explain.
- How does Jesus treat women in the Gospels (see p 138-139)? What does Jesus' example teach us?
- Every child from womb to infancy and beyond is a gift from God. Do you agree or disagree? How should our convictions about God shape our convictions about life? How would you explain the topic of abortion to your teen?
- Why isn't Rebecca McLaughlin surprised by our societies struggle to define what it means to be a man or a woman (see p 151)?
- Jesus calls us to love others especially those who are different from us. How should Christians relate to transgender people?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
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Conversation Guide

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Get Talking

- What was high and low for you this week? Anything good? Anything challenging?
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Go Deeper

- What have you heard about the gender identity topic? What do you believe about gender? Is biological sex and gender the same? Why or why not?
- What does "man" and "woman" mean?
- Do you believe men and women are equally important and equally different?
- How did Jesus treat women? How is this an example to all of us?
- Why should we trust God more than our feelings?
- How can Christians be more loving?
- Is there anything about this topic that is uncomfortable for you?

Grow Together

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Chapter 9

Does God Care When We Hurt?

Does God Care When We Hurt?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, chapter 9 and journal your notes.

	Personal Bible Study
John 11: 1-6	Tersonal Bible Stady
John 11:21-26	
John 11: 36-44	
Isaiah 53:3	
Romans 8:18	

Personal Notes - Chapter 9	
	10 Questions 2 2
	(and Answer)
	about Christianity
	REBECCA McLAUGHLIN

Does God Care When We Hurt?

Share: Get Talking

• How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read John 11. What stands out to you from this story?
- Have you ever wondered, if God is in control, why do people suffer?
- Why do you think some people view God as a vending machine?
- How have you experienced God's power and presence in your life?
- What does it mean that Jesus weeps when we weep?
- Jesus says He is the resurrection and the life. What does this mean? Do you believe it?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
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Go Deeper

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Chapter 10

How Can You Believe in Heaven and Hell?

How Can You Believe in Heaven and Hell?

Before your group time, HEAR from God's Word - Highlight, Explain, Apply, Reflect. Jot down observation and application. After reading the Word, chapter 10 and journal your notes.

	Personal Bible Study
Matthew 5:21-22	
Isaiah 6:1-5	
Romans 5:7-8	
Luke 23:42-43	
John 11:25-26	

Personal Notes - Chapter 10	
	10 Questions Every Teen Should Ask
	(and Answer) about Christianity
	about Christianity
	REBECCA McLAUGHLIN

How Can You Believe in Heaven and Hell?

Share: Get Talking

• How would answer the question this week if your teen asked you?

Study: Go Deeper

- Read John 11:25-26. Jesus makes a bold statement and asks a personal question. Why is this question and answer so important?
- Many people think if we are good enough, we earn our way to heaven What do you believe?
- The Bible says God is perfectly holy and sinful people cannot be where He is. The punishment of sin is death. What is the solution God provided? See Romans 5:7-8.
- When we come to Jesus, we find out two things 1) we are more sinful than we thought and 2) we are more loved than we ever dreamed. Do you agree?
- Read Revelation 3:20. Heaven is about being with Jesus. If we reject in life the Bible warns us the door will be closed in the afterlife. Is this fair or unfair? Why?

Support: Grow Together

- What was something helpful from this study that you could share with your teen?
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Go Deeper

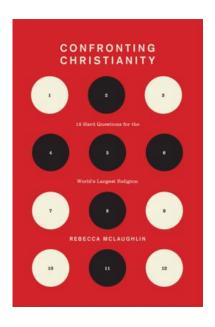
- Have you ever thought about the afterlife? What do you think happens? What is your thinking based on?
- Read John 11:25-26. Jesus makes a bold statement and asks a personal question. Why is this question and answer so important?
- Many people think if we are good enough, we earn our way to heaven What do you believe?
- The Bible says God is perfectly holy and sinful people cannot be where He is. The punishment of sin is death. What is the solution God provided? See Romans 5:7-8.
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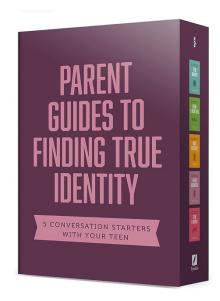
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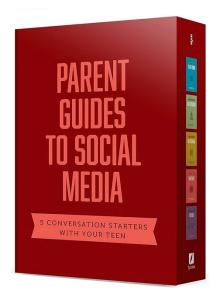
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Recommended Resources









A Biblical Framework for Raising Teens

¹ Unless the LORD builds the house, those who build it labor in vain. Unless the LORD watches over the city, the watchman stays awake in vain. ² It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep.

³ Behold, children are a heritage from the LORD, the fruit of the womb a reward.

⁴ Like arrows in the hand of a warrior are the children of one's youth. ⁵ Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate. - Psalm 127:1-5

God calls parents to shape, aim, and release their teens. But what is the target? To aim at nothing is to hit nothing every time. To avoid aimless parenting, we need to know our target. Psalm 127 provides a biblical foundation and framework for building our homes and raising our teens.

1. Strong homes are built by God and on God (v 1-2).

God is both the builder and the foundation, In the same way a strong and stable foundation is needed to build a house - a strong and stable foundation is needed to build a home, a marriage, a family.

Many families build their homes on foolish foundations.

Foolish Family Foundations

Child-centered

Like the sun is to the planets, a child-centered home revolves around the child. The child grows up feeling entitled - that life should revolve around him/her.

Calendar-driven

Like the plate spinner at the circus, calendar-driven families run from activity to activity, club to club, sport to sport, every day of the week. It's entertaining at the circus but exhausting in life. Rather than parents leading their family, the calendar leads the family.

Career-focused

What would it profit a parent to gain the world, but lose his/her family? Work hard as unto the Lord, but do not neglect your family in the process.

To build your home on your own is to build in vain. In fact, Psalm 127 uses the word "vain" three times. It means useless, empty, worthless. Verse 2 describes parents building on their own efforts - wake up early, go to bed late, anxious toil, and no sleep. Why? Because it is

all self-effort. But notice what God gives His beloved who allow Him to be the builder and foundation of their home. God "gives to his beloved sleep."

Could you use more sleep? Not just more hours of sleep, but more restful sleep? More peace about your parenting of teens? Allow God to build your home.

How can we build a strong and stable foundation built on the Lord? Here are three priorities for a strong spiritual foundation.

- **Personal Walk with God** This includes spending time in the Word, prayer, and personal worship.
- Weekly Worship God is worthy of our first and best including our time and our focus. Therefore, we give the Lord the first hours on the first day of every week to gather to worship Him and hear from His Word.
- **Biblical Community** The Christian life is not meant to be lived in isolation but rather in community. Therefore, we engage in a weekly small group and serve on a serve team.

2. Your teen is a gift from God (v 3).

Every child - from womb to infancy and beyond - is a gift from God. This includes your teen.

• Your teen is a blessing, not a burden.

Does your teen feel like a blessing to you or a burden to you?

Your teen is your responsibility, but they should never feel like a burden - even when they create burden. Your teen will feel like a blessing when you love them (for who they are), laugh with them, listen to them, learn about them, and lead them by your example.

Your teen is a gift to receive and raise.

God gave you your teen. You have a responsibility to raise them help meet some core needs of security (who can I trust?), purpose (who am I?), belonging (who wants me?), purpose (why am I here?), and competence (what do I do well?).

• Your teen is a heritage from God.

Your legacy does not start in the future. Your legacy has already started. The question isn't will you leave a legacy. The question is: what kind legacy do you have today? What do you need to keep doing or what do you need to change to create a spiritual legacy with your teen?

3. Parents are called to shape, aim, and release their teens (v 4-5).

Parents are like warriors. Kids are like arrows. When this Psalm was written, a warrior could not go to Cabela's or Bass Pro Shop to purchase an arrow. Instead, he needed to shape an arrow before he could aim and release the arrow.

We shape our teens with love and God's Word.

 We shape our teens with love. To know love and be loved is a universal need for all humans especially teens. As parents, we shape our teens with love through speaking their love language, with our time, with compliments, and with correction.



• We shape our teens with God's Word. Our teens will either be shaped by the Word or by the world. We need to help our teens see the Bible as more than a book of rules. Instead, the Bible is a love letter from a loving God show His love for people. God's Word provides guardrails - it protects us from foolish choices and consequences, and it provides the way to experience God's best for us.

We aim our teens to love God and love others.

What are we aiming our teens toward - success, happiness, protection, morality? Are these the correct targets?

The bullseye of Christian parenting is to aim our teens to love God passionately (with all their heart, soul, mind, and strength) and to love others purposefully (their neighbor as themselves).

- To love God passionately requires raising our teens to know God. Our priority goes beyond raising our teens to professing a faith in Jesus to our teens possessing a genuine love for Jesus.
- To love others purposefully requires raising our teens to show respect, handle conflict, and act in kindness. Our homes should be greenhouses of love starting with parents and siblings. If our teens don't learn love at home, how will they love in the world?

We release our teens into adulting.

Parenting our teens is not just about protecting them, it's about preparing them. We prepare them for adulting by "letting out the rope" gradually as the grow up - increasing their responsibilities and privileges - to develop character, encourage wise choices, and learn from their mistake while still at home.

As they journey through the teenage years, we prepare to release them to college, to a career, to the military, to marriage.

As we release them, we avoid holding on too much (over responsible parents raise irresponsible teenagers) holding on too long (don't be a helicopter parent), and don't hold on too tight (creating an unhealthy codependency).

The Battle for Your Family

When talking about families, Psalm 127 uses a battlefield metaphor - the parent is a warrior, the children are arrows, and there is an enemy at the gate.

The enemy is real, and he is coming after you, your marriage, your teen, your family. His goal is to seek, kill, and destroy. Often his tactics are subtle. Therefore, parents need to be alert remembering the battle is not *with* your teen, but *for* your teen.

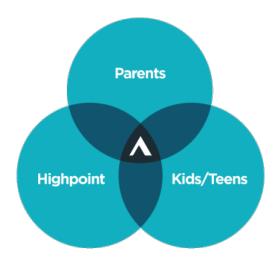
To fight the battle, prioritize your marriage (if you are married), protect your teen from the world, prepare your teen for the world, and pray for your teen.

If all of this seems impossible, you are in a good spot. Yes, it's impossible through self-effort. But it is possible when we allow the Lord to be the builder and the foundation of our home.

^adapted from **On Target Parenting: Biblical Principles for Shaping, Aiming, and Releasing Your Child**(Highpoint Church, 2023)



About Highpoint



Highpoint comes alongside of parents to help families to believe in, belong to, and become like Jesus.



We offer intentional programming during services each Sunday for birth-fifth grade - providing age-appropriate spiritual development. In addition to Sundays, Highpoint Kids offers Midweek Kids for PreK-fifth grade during the school year and Summerfest day camp for kids.

Junior high and high school students meet every Sunday (6:00-8:00 pm) for friendship, games, worship, teaching from God's Word, small groups, hang out time, and food. Special events include Fall Send, Winter Camp, and Summer GO trips.



Parenting Groups

We offer three types of parenting groups to provide community, biblical training, and support for parents.

- Starting Your Family Off Right parents of infants
- Young Family Group parents of littles through grade school
- Parenting Teens Group parents of pre-teens and teens

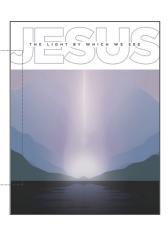
These are more than study groups. The groups are communities of parents. Parenting comes with joys and challenges. Share both in one of our parenting groups.

Being a parent is more than being a parent.

Parents are encouraged to engage in other discipleship opportunities at Highpoint including Women's Groups, Highpoint Men, and the Marriage Knot group.

Women's Groups

Our women are doing a unified Bible study in the Gospel of John - JESUS: The Light By Which We See featuring personal study, Bible teaching from Bethany Smith, and group discussion. Our Women's Groups meet at each location and childcare is offered for some groups.



Highpoint Men

Unite as Men. Grow as Brothers. Pursue Christian Manhood together.

We are committed to the intentional investment into and the discipleship of men at Highpoint.

We gather four times each year as men of Highpoint - three times locally and one time for our annual Men's Con. These events are for all men - all ages and life phases.

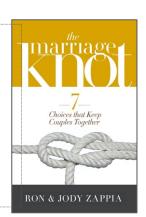
Highpoint Men 2023-2024: October 1, November 12, April 21

Tightening The Knot Group

Every marriage needs to be enriched. Some need to be restored.

Join Pastor Ron and Jody for this group based on 7 biblical choices that keep couples together based on their popular book - The Marriage Knot.

This group is open to all married couples - whether newly married or married for decades.





HIGHPOINT CHURCH

AUGUST	HIGHPOINT SUMMIT
SEPTEMBER	MDWK/GROUPS KICK OFF
OCTOBER	HIGHPOINT MEN + MARRIAGE WKND
NOVEMBER	HIGHPOINT MEN + STOCK CARE CENTER
DECEMBER	CHRISTMAS EVENTS + SERVICES
JANUARY	TEAM NIGHT + MEN'S CON
FEBRUARY	WOMEN'S CONFERENCE
MARCH	GOOD FRIDAY + EASTER
APRIL	HIGHPOINT MEN
MAY	MOTHER'S DAY + CELEBRATION SUNDAY
JUNE	FATHER'S DAY + SUMMERFEST

KEY CALENDAR DATES

IMPACT SERVICES

- o 9/10 | Fall Kick Off
- o 12/3, 10, 17 | Christmas with Highpoint
- o 12/24 | Christmas Eve
- o 3/29 | Good Friday
- o 3/31 | Easter Sunday
- o 5/12 | Mother's Day
- o 5/19 | Celebration Sunday

CONFERENCES

- o 8/26 | Highpoint Summit
- o 10/28 | The Love Language Conference
- o 1/27 | Men's Conference
- o 2/24 | Women's Conference

LEADERSHIP TRAINING

- o 8/26 | Highpoint Summit*
- o 1/7 | Team Night**
- o 3/10 | Team Night**

 *all ministry teams, all locations in NP (8:30-Noon)

 **at each location (5-6:30 pm)

MIDWEEK

- o 9/13-11/15 | Fall (10 weeks)
- 1/10-4/24 | Winter/Spring (14 weeks)
 *3/25-27 Spring Break

HIGHPOINT STUDENTS

- o Fall Send | Sat, 10/28 (in Wheaton)
- o Winter Retreat | Fri-Sun, 2/16-18

MEN

- o Highpoint Men | 10/1, 11/19, 4/21*
- o Men's Con | 1/27 *at each location (6:30-8:00 pm)

WOMEN

- Weekly Gathering with Bethany (Tues AM in WN; Wed AM & PM in NP)
- o Women's Conference | 2/24

CARE CENTER

- o 11/19 | Stock the Care Center
- o 12/16 | A Care Center Christmas
- o 2/11 | Diaper Drive
- o 3/2 | Stateville Care Kits
- o 5/5 | Spring Clean
 - *tbd Stateville Care Kit Sunday in the Spring

OTHER

- o Growth Track | Oct, Nov, Jan, Mar, Apr
- o Tying the Knot Group | October & February
- o Starting Your Family Off Right | 10/8, 4/28
- o Parent-Child Dedication | 10/22, 5/12
- SEND Assessment | M-T, 9/18-19-26
- o Español | 12/8 Christmas Tea, 12/31 -Prayer Service, 5/10 - Mother's Day Dinner



Rather than protecting teens from culture, parents need to prepare their teens for engaging with culture.

Gen Z is the first truly 'post-Christian' generation (Barna). Parents need to contend for the faith with their teens by maximizing everyday moments for spiritual conversations about cultural issues.

Many Christian parents are unsure about a biblical worldview of culture



and/or uncertain about how to talk with their teen.

This Parenting Teens Group study based on 10 Questions

Every Teen Should Ask (and Answer) about Christianity is to

help parents to be comfortable, compassionate, and confident
in conversations with their teen.

