



² *Bear one another's burdens, and so fulfill the law of Christ ...*
Galatians 6:2

Care Center	Growth Group	Hope Group
one-on-one session with a Care Center team member in a safe, non-judgmental space.	the primary place for discipleship and care at Highpoint.	a safe, shame-free, and supportive space for people to be honest with themselves, with God, and others.
help individuals experience the hope and help of Jesus through caring and sharing Jesus.	help people believe in, belong to, and become like Christ through intentional discipleship.	provides hope through the Word of God by the Spirit of God within the community of God.
provides connection to inside and outside resources and referrals.	provides mutual ministry - group members ministering to each other.	seeks to help people experience emotional, relational, and spiritual health.
Identifies practical next steps to progress relationally, physically, or spiritually.	are encouraged to move beyond the superficial to experience authenticity, transparency, and vulnerability.	involves real-life testimonies, teaching from God's Word, and small group support.

Levels of Care

LEVEL 1	<p>Issues: Everyday suffering and struggles</p> <p>Caregiver: Any maturing believer, a godly friend</p> <p>Setting: Growth Group, meet informally for care and prayer</p> <p>Process: Care comes primarily through existing relationships</p>
LEVEL 2	<p>Issues: Deeper suffering or struggles - medical illness, grief, marriage/family conflict, job loss, financial need</p> <p>Caregiver: Growth Group leaders, Highpoint Staff</p> <p>Setting: Growth Group, Hope Group, Care Center</p> <p>Process: Care comes in community; meet 1:1 as needed for a short period of time</p>
LEVEL 3	<p>Issues: Destructive and debilitating struggles - shame, guilt, substance or behavioral addiction, anger, anxiety-worry-fear, resentment, emotional hurt, depression, marriage/family issues</p> <p>Caregiver: Hope Group leader, Highpoint staff, elder couple</p> <p>Setting: Hope Group or formal counseling</p> <p>Process: Care comes primarily through Hope Group or counseling</p>
LEVEL 4	<p>Issues: Life-dominating suffering or struggles - adultery, abuse, violence, suicidal threat, criminal offenses, mental health issues</p> <p>Caregiver: Highpoint staff or elders to assess referral</p> <p>Setting: Formal counseling, resident programs, outside ministries or organizations</p> <p>Process: Care from Highpoint through referrals</p>