



A House of Healing: Breaking Cycles, Restoring Relationships

Colossians 3:12-17

Share: Get Talking

- What's one thing you've learned from someone in our family about how to handle conflict or show forgiveness?

Study: Go Deeper

- Read Colossians 3:12. What does it mean to “put on” compassion, kindness, humility, gentleness, and patience? How do these virtues help us build a healing home?
- Read Colossians 3:13. Why is forgiveness essential in breaking unhealthy relational cycles? How does remembering how Christ forgave us help us forgive others?
- Read Colossians 3:14. Why does Paul say love binds everything together in perfect unity?
- Read Colossians 3:15. What does it mean to let the peace of Christ rule in our hearts? How can peace guide our decisions and reactions in our home?
- Read Colossians 3:16. How can you let the word of Christ dwell richly in your family life? What are some practical ways you can encourage those closest to you to pursue wisdom?
- Read Colossians 3:17. What areas of your relationships aren't “being done in the name of the Lord”? What change is God leading you to make?

A Growth Guide for Yourself, Your Family, or Your Group



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Support: Grow Together

- What's one relationship in your life that needs healing?
- How can our family be a house of healing for others?

Family's Heart:

In Christ, we are chosen, holy, and forgiven. As we clothe ourselves with His compassion, kindness, humility, gentleness, and patience—our relationships can reflect His love. Let's commit to being used by God to build a house of healing, breaking cycles of hurt, and restoring relationships through the power of Christ's peace and Word dwelling richly among us.

PRAYER FOR FAMILY HEALING

Gracious Father, I come today with a heavy heart, seeking Your healing touch over the wounds that have affected our family. I acknowledge the pain and struggles of the past, and I lay them at Your feet, trusting in Your power to restore and mend what has been broken. I ask for Your forgiveness for any bitterness, resentment, or hurt that may linger in my heart. May our family be a testament of Your restorative power, showing others that healing is possible through You. Please surround us with Your love, filling the gaps of hurt with Your perfect presence and bring forth healing. In Jesus name, Amen!

Find Your People

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Kids Growth Guide

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