



HIGHPOINT **K12**

GOD KNOWS MY HEART

July 13, 2025 // John 20:24-29

What I Learned

- This weekend, we learned that God knows our hearts. In **John 20:24-29**, Jesus appeared to His disciples alive after His death on the cross.
- Thomas, one of Jesus' followers, was not with the other disciples when Jesus appeared, and Thomas doubted that what they said was actually true and that Jesus was really alive. Jesus appeared to Thomas and knew what was in his heart. Jesus helped Thomas see that He wanted Thomas to trust and believe.
- We can better understand that God knows our hearts, and He invites all of us to believe in, belong to, and to follow Him.

Get Talking

Read **John 20:24-29** together as a family.

- This week, take **1 day** to ask these **2 questions** and spend **3 minutes** talking about them:
 - Who are some different people that you believe, and why do you believe them?
 - What are ways we can learn the truth God wants us to believe?
- God knows every part of us, including the broken things we think and feel deep in our hearts. He loves us so much that He came to make us new—including the attitudes in our hearts!

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July Verse

“Create in me a clean heart, O God, and renew a right spirit within me.”

Psalms 51:10

- Our July verse teaches us that we can ask God to give us a clean heart, meaning we ask Him to forgive our sin and help us have words, attitudes, and actions that help us love and follow Him. God knows our hearts.