

# GROWTH GUIDE

SUNDAY, FEBRUARY 15

## Share: Get Talking

- What's something you know is good for you... but you still resist?
- What's a rule you hated growing up that you now secretly understand?
- What's something you say all the time to your kids that you swore you'd never say as a parent?

## Study: Go Deeper

Read Hebrews 12:5-11. Then Pray!

Ask: What word, phrase, or idea stood out to you this time?  
Why?

### 1. The Reality of the Lord's Discipline: Training and Correction (v.5)

- What commands or warnings do you notice in verse 5?
- How does the author describe the danger of responding wrongly to the Lord's discipline?
- What does this verse reveal about how easily we can either dismiss or resent God's correction?
- Which response are you more prone to when life gets hard: brushing it off or growing bitter?

### 2. The Purpose of the Lord's Discipline: Love and Legitimacy (vv.6-8)

- What reasons does the author give for why God disciplines His people?

- How does discipline function as proof of God's love rather than His anger?
- Why is the idea of "legitimacy" (true sonship) so important in this passage?
- How does your background or experience shape how you hear the word discipline?
- How might believing you are truly God's child change the way you endure hardship?

### **3. The Response to the Lord's Discipline: Healing or Hardening (vv.9-10)**

- How does the author compare earthly fathers with our heavenly Father?
- When God confronts or corrects you, what's your instinctive reaction?
- Where might God be asking you to trust His wisdom over your understanding?

### **4. The Result of the Lord's Discipline: Our Good and His Holiness (v.10)**

- What two outcomes does God's discipline aim to produce?
- How does this verse redefine what "good" really means?
- How do you usually define what is "good" for your life?
- Where might God be prioritizing your holiness over your comfort?
- What area of your life might God be shaping to reflect His character more clearly?

- **5. The Promise of the Lord's Discipline: Painful Now, Peaceful Later (v.11)**
- What promise is attached to enduring discipline faithfully?
- How does this promise give you hope to persevere?
- What fruit do you long to see God produce through this season?

### **Support: Grow Together**

- Which of these truths about God's discipline do you need to believe most deeply right now?
- How can this group pray for you as you walk through correction, training, or hardship?