

GROWTH GUIDE

Song of Solomon 3:6-5:1

Share: Get Talking

- What's your go-to way of showing someone you care—words, actions, gifts, time, or something else? What is your significant other's?
- What's the best compliment you've ever received?
- Are You:
 - Early bird or night owl?
 - Spender or saver?
 - Vacation: relax or explore?
 - Thermostat: too hot or too cold?

Study: Go Deeper

Read Song of Songs 3:6-5:1 together.

- What stands out to you most from the text/sermon this past weekend?
- **1. Choose Commitment: Honor Your Covenant (3:6-11)**
- What stands out to you about the seriousness and beauty of commitment in this passage?
- What's the difference between a contract or a covenant in marriage?
- In what situations are you most tempted to “pull back” instead of “lean in”?
- What would it practically look like this week to choose commitment, even when you don't feel like it?

- Are there any “exit language” habits (even jokingly) that you need to remove?
- **2. Choose Encouragement: Celebrate Each Other’s Beauty (4:1-7)**
- What do you notice about the way the husband speaks to his bride?
- How is this different from how people typically communicate in relationships today?
- What tends to hold you back from speaking life—busyness, familiarity, insecurity, or something else?
- What is one specific encouragement you can speak this week?
- If you’re married: Would your spouse say you are their greatest encourager? What needs to change to make that happen?
- **3. Choose Pursuit: Deepen Your Desire (4:9-15)**
- What language or imagery shows intentional pursuit and desire?
- Why is pursuit something that must be chosen, not assumed?
- **If You’re Dating:**
- Are you prioritizing character or chemistry right now?
- Are there any boundaries you’ve begun to compromise?
- Are you inviting wise counsel into your relationship—or hiding it?
- **If You’re Married:**
- In what ways have you stopped pursuing your spouse?
- Where have you drifted into coasting instead of choosing?
- What is one intentional step you can take this week to move toward your spouse?

- **For Everyone:**
- Where do you need to shift from passive to intentional in your relationships?
- **4. Choose Pleasure: Delight in Your Love (4:16-5:1)**
- What do you notice about the mutual enjoyment and delight in this passage?
- How does God's design for love and intimacy differ from the world's version?
- What tends to rob joy and delight from relationships (stress, resentment, distraction, etc.)?
- What is one way you can intentionally cultivate joy and connection this week?

Support: Grow Together

- Where is God inviting you to grow most right now: commitment, encouragement, pursuit, or delight?
- What fear, hurt, or pattern is keeping you from loving well?
- Is there any area where you've been operating out of feelings instead of faithfulness?
- What step of obedience is the Spirit prompting you to take this week?