

GROWTH GUIDE

Song of Songs 7:11-8:4

Share: Get Talking

- If you had a completely free Saturday with someone you love, how would you spend it?
- Who was a model of a healthy relationship for you growing up?
- What's one small act of intentional love or encouragement that means a lot to you personally?

Study: Go Deeper

Read **Song of Songs 7:11-8:4** together. What insights or principles stood out to you as you studied the passage and heard it preached this week?

1. Pursue Passion with Intentionality (7:11-13)

- Why do relationships often drift when intentionality disappears?
- Which of these areas is hardest for you personally:
 - Making time
 - Paying attention
 - Showing affection
 - Taking initiative
 - Creating renewal
- “Relationships weaken when all you do is manage schedules instead of pursue connection.” Where do you see that temptation in modern life?

- Why is pursuing someone consistently more meaningful than simply assuming they know they are loved?
- What practical habits help cultivate closeness in relationships over time?
- What relationship in your life currently needs more intentional pursuit?
- What is one specific step you can take this week to pursue connection instead of simply managing life?
- Are there distractions, routines, or priorities that are quietly crowding out meaningful relationships in your life?
- **2. Create Safety and Security (8:1-3)**
- Why is emotional safety essential for healthy relationships?
- What do you think causes people to stop being honest or vulnerable with one another?
- How can our words either create peace or create pressure?
- What role does encouragement play in helping relationships thrive?
- Would the people closest to you describe you as safe, approachable, and encouraging? Why or why not?
- Is there someone in your life who needs more grace, patience, or understanding from you right now?
- What practical changes could help your home, friendships, or relationships become more emotionally and spiritually safe?
- **3. Guard Intimacy with Wisdom and Honor (8:4)**
- Why do people often misunderstand boundaries?
- The sermon said, “Boundaries aren’t walls to keep people out. They are guardrails that protect what is valuable.” What does that mean practically?

- Which outside pressures most commonly damage intimacy and connection today?
 - Why is wisdom necessary for maintaining healthy relationships over the long term?
 - How can couples, families, and believers guard against relational drift?
 - What boundaries would help protect your spiritual life, marriage, family, or closest relationships?
 - Are there unhealthy influences, habits, or distractions currently competing for your attention and affection?
 - What would it look like for you to honor God more intentionally in your relationships?
 - In what ways can you better pursue holiness, wisdom, and faithfulness in your daily life?
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- **Mutual Ministry: Encourage One Another**
 - Where do you need prayer most right now in your relationships?
 - What is one intentional step you want to take this week to cultivate lasting love?
 - How can this group encourage and support you spiritually in this season?