

Finding Freedom

Overcoming
Our Common
Struggles
In Christ

Freedom from Despair

January 22, 2023

Romans 15:13

Outline

What Is Despair?

I Don't Need To Despair - God Gives Joy (13a)

I Don't Need To Despair - God Gives Peace (13b)

I Don't Need To Despair - God Gives Hope (13c)

Share: Get Talking

How important do you think finding happiness and dodging despair is to most people? Do you think most people are happy? Explain your answers.

Study: Go Deeper

1. Review your notes from the weekend message. What challenged you most?
2. Read Lamentations 3:16-18 and 1 Kings 19:4. Can people who love God struggle with despair? Explain your answer.
3. Read Romans 15:13. How would you explain the difference between joy and happiness? Which is more valuable to you?
4. How have you experienced peace with God, peace of God, or peace from God this week?
5. On a scale of 1-10, where would you place your hope? Explain your answer.
6. What do you need God to fill you with most today - joy, peace, or

hope? Why?

Support: Grow Together

1. How have you seen the Lord at work in and through your life this past week?
2. Where are you at on the spiral of hopelessness? Explain.
3. How would you like your group to pray for you this week?

Renew Your Mind: Memory Verse

“May the God of hope fill you with all joy and peace in believing that by the power of the Holy Spirit you may abound in hope.” - Romans 15:13